



# Health Centre of Milton

420 Main St. E. Unit 102 & 103 Milton, Ontario, L9T 1P9  
P: 905-878-8131 F: 905-878-9167

## NEW PATIENT

Mr./Mrs./Miss./Ms: \_\_\_\_\_ First Name: \_\_\_\_\_ Surname: \_\_\_\_\_

Birth Date: (day/month/year) \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_ M/F: \_\_\_\_\_

City/Town: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone Number: (home) \_\_\_\_\_ (Cell) \_\_\_\_\_ (Work) \_\_\_\_\_

May we leave a message when calling you? Yes  No

E-mail (Correspondence and Newsletters): \_\_\_\_\_

Please check this box if you **DO NOT** want to receive e-mails for newsletters and events.

Occupation: \_\_\_\_\_

Employed by: \_\_\_\_\_

Who referred you to our clinic? Or how did you hear of us: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Number of Children: \_\_\_\_\_

Have you had Orthotics Previously? \_\_\_\_\_

Family M.D. \_\_\_\_\_ Phone Number: \_\_\_\_\_

Is your injury due to: Motor Vehicle Accident  Work Place Injury

I understand that any insurance coverage besides WSIB and MVA is an arrangement between the insurance company and myself. Furthermore, I understand and agree that all services rendered are charged directly to me and that I am personally responsible for payment.

I consent to sharing my personal health information with any treating practitioners/HCM staff involved in my care. Please note that all information provided will be kept confidential unless allowed or requested by law. Your written permission will be required to release any information. **I understand that 24 hours is needed to cancel an appointment or full fee will apply.**

DATE: \_\_\_\_\_ SIGNATURE: \_\_\_\_\_

**For RCMP Officers ONLY**

Health Plan Card I.D.: \_\_\_\_\_ Unit: \_\_\_\_\_ Division: \_\_\_\_\_ Collator: \_\_\_\_\_



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Please circle (O) any **current** conditions or symptoms.  
Please check (√) beside **past** conditions or symptoms.

Name: \_\_\_\_\_

Date: \_\_\_\_\_

<p><b><u>General Symptoms</u></b> <input type="checkbox"/></p> <p>Loss of consciousness Blackouts Headaches/Migraines Fever Sweats Fainting Dizziness Clumsiness Convulsions/Tremors Loss of sleep Loss of weight Depression Fatigue Nervousness Numbness/Pain or Tingling</p> <p><b><u>Muscle &amp; Joint</u></b></p> <p>Arthritis Weakness/Loss of strength Swollen joints Back pain Shoulder pain Arm/forearm pain Elbow pain Wrist pain Hand pain Knee/leg pain Painful tailbone Foot trouble Stiff Neck Sciatica Scoliosis</p> <p><b><u>Skin</u></b></p> <p>Sensitive skin/loss of sensation Rashes/eruptions/itching Acne Cold sores Infectious skin condition Bruise easily Hives Eczema/psoriasis Boils</p>	<p><b><u>Gastrointestinal</u></b></p> <p>Blood in stool Vomit Colitis/Crohn's Constipation Diarrhea Difficult digestion/indigestion Poor appetite/excessive hunger Belching or Gas Vomit (blood?) Food allergies: _____ Gall bladder troubles Heart burn Jaundice/Liver trouble Nausea Pain over stomach Intestinal worms Ulcers</p> <p><b><u>Eyes/Ear/Nose/Throat</u></b></p> <p>Blurred vision Double vision Eye pain Deafness Ear issues: _____ Frequent colds Enlarged glands Enlarged thyroid Nose bleeds Sinus infection Difficulty swallowing Speech problems</p> <p><b><u>Respiratory</u></b></p> <p>Asthma Anaphylaxis Chest pain Chronic cough <input type="checkbox"/> Bronchitis Spitting up blood <input type="checkbox"/> Spitting up phlegm Wheezing Shortness of breath Emphysema Infectious respiratory condition Family History</p>	<p><b><u>Cardiovascular</u></b></p> <p>Pain over heart Poor circulation Swelling of extremities High/Low blood pressure Hardening of arteries Varicose veins Heart or blood disease: _____ Presence of pacemaker Heart attack/stroke Family History</p> <p><b><u>Other Conditions</u></b></p> <p>Epilepsy Herpes Hepatitis Plantar warts TB HIV, AIDs Diabetes: <input type="checkbox"/>Type 1 <input type="checkbox"/>Type 2 Gout Fibromyalgia Multiple Sclerosis Parkinson's Hemophilia Osteoporosis Other: _____</p> <p><b><u>Women Only</u></b></p> <p>Breast tenderness/swollen breasts Cramps or backache Excessive flow Irregular cycles Menopausal (hot flashes, mood swings) Painful menstruation Pregnant-Due Date: _____ # of children _____ Hysterectomy</p> <p><b><u>Gentourinary</u></b></p> <p>Trouble urinating Blood in urine Kidney infection Bed wetting Prostate trouble</p>
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Updated: \_\_\_\_\_



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Name: \_\_\_\_\_ Date: \_\_\_\_\_

Please indicate if you have/had/been any of the following:

- Falls/fractures/dislocations date: \_\_\_\_\_
- Pins/plates/rods date: \_\_\_\_\_
- Surgery date: \_\_\_\_\_
- Accidents date: \_\_\_\_\_
- Hospitalized date: \_\_\_\_\_
- Knocked unconscious date: \_\_\_\_\_

How is your general health? \_\_\_\_\_

Are you currently a smoker? Yes No

Have you ever smoked in the past? Yes No

Have you ever been diagnosed with cancer? Yes No

Do you take medication on a regular basis? Yes No

If so, what? (blood thinner, blood pressure, etc) \_\_\_\_\_

Area of Major Complaint: \_\_\_\_\_

In the diagram provided below, please mark the areas on your body which you feel best represent the pain(s) or sensation(s) you are experiencing. Please include *all* areas. Use the symbols provided below.

**Symbols:**

Numbness		Pins & Needles	
Burning		Stabbing & Sharp	
Dull & Aching		Stiff & Tight	

R L

Front

L R

Back

Updated: \_\_\_\_\_



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## Physiotherapy Informed Consent Form

**Please read the following statements carefully and sign below**

I hereby request and consent to an examination and treatment performed by a licensed Physiotherapist. The results will assist the Physiotherapist in determining the appropriate physical treatment to meet my specific needs and goals. I understand that my treatment in this clinic may involve the use of:

- Various physical and electrical modalities (heat, ice, ultrasound, TENS, IFC, Laser etc.)
- Acupuncture
- Stretching or mobilization of joints and tissues
- Exercise programs aimed at mobility, strength and function

I understand that discomfort may occur following treatment. I understand that it is my responsibility to contact my therapist in the clinic should I experience any unusual symptoms.

I understand that if at any time I am not comfortable with, and/or do not understand the purpose of any treatment procedure I will ask the physiotherapist for further explanation/information.

I must inform my Physiotherapist of any contagious or infectious conditions that I might have.

I understand that I may stop the assessment or treatment procedure at any time, during or after a session. I wish to rely on the Physiotherapist to exercise judgement during the course of the treatment and that results are not guaranteed.

I have read, understood, and had opportunity to ask questions regarding this consent form. I intend this consent to cover the entire course of treatment for my present and future conditions for which I seek treatment.

My signature below indicates my understanding of all the above information

\_\_\_\_\_  
Patient Name (Please Print)

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Physiotherapist Signature

\_\_\_\_\_  
Date